

Statistics Report 09351, Fruit cocktail, canned, heavy syrup, drained

Report Date: June 30, 2017 05:21 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	80.40	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Energy	kcal	70	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Energy	kJ	293	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Protein	g	0.47	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Total lipid (fat)	g	0.10	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Ash	g	0.24	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Carbohydrate, by difference	g	18.80	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fiber, total dietary	g	1.7	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Sugars, total	g	17.14	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Minerals													
Calcium, Ca	mg	7	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Iron, Fe	mg	0.29	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Magnesium, Mg	mg	5	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Phosphorus, P	mg	12	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Potassium, K	mg	90	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Sodium, Na	mg	6	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Zinc, Zn	mg	0.08	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Copper, Cu	mg	0.086	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Selenium, Se	µg	0.5	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1992
Vitamins													
Vitamin C, total ascorbic acid	mg	1.9	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Thiamin	mg	0.019	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Riboflavin	mg	0.021	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Niacin	mg	0.374	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Vitamin B-6	mg	0.051	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Folate, total	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003
Folate, food	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Folate, DFE	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Choline, total	mg	2.4	--	--	--	--	--	--	--	--	Calculated or imputed	09100	03/2007
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE 1	µg	14	3	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Carotene, beta 1	µg	138	3	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Carotene, alpha 1	µg	0	3	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Cryptoxanthin, beta 1	µg	52	3	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Vitamin A, IU 1	IU	273	3	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Lycopene 1	µg	0	3	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Lutein + zeaxanthin 1	µg	112	3	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2003
Vitamin E (alpha-tocopherol)	mg	0.60	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	3.9	--	--	--	--	--	--	--	--	Calculated or imputed	09100	01/2003
Lipids													
Fatty acids, total saturated	g	0.014	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
14:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
16:0	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:0	g	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fatty acids, total monounsaturated	g	0.018	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:1 undifferentiated	g	0.018	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fatty acids, total polyunsaturated	g	0.042	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:2 undifferentiated	g	0.037	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:3 undifferentiated	g	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2003

Sources of Data
¹National Institutes of Health (NIH) Carotenoid analyses of U.S. foods, Food Composition Laboratory, 1997